|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 265 | 2.0 | 0.4 - 9.6 | 17.5 | 10.6 - 27.5 | 64.8 | 53.4 - 74.8 |
| 30-44 | 470 | 0.4 | 0.2 - 1.2 | 10.3 | 6.4 - 16.0 | 76.6 | 67.9 - 83.6 |
| 45-59 | 439 | 0.2 | 0.1 - 0.8 | 4.8 | 1.5 - 13.8 | 61.5 | 43.6 - 76.7 |
| 60-69 | 293 | 0.0 | 0.0 - 0.0 | 4.5 | 1.3 - 14.8 | 66.3 | 55.9 - 75.3 |
| **Total** | **1467** | **0.8** | **0.2 - 2.8** | **10.1** | **7.0 - 14.3** | **66.9** | **59.6 - 73.5** |
| Area |  |  |  |  |  |  |  |
| Rural | 439 | 0.0 | 0.0 - 0.3 | 10.5 | 5.4 - 19.5 | 64.4 | 50.5 - 76.2 |
| Urban | 1028 | 1.5 | 0.4 - 5.2 | 9.7 | 6.9 - 13.6 | 69.1 | 62.5 - 75.1 |

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| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Male** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 265 | 15.4 | 8.0 - 27.5 | 0.3 | 0.1 - 1.5 |
| 30-44 | 470 | 11.0 | 6.8 - 17.5 | 1.6 | 0.7 - 4.0 |
| 45-59 | 439 | 28.6 | 15.4 - 46.9 | 4.9 | 1.5 - 14.6 |
| 60-69 | 293 | 27.0 | 19.4 - 36.3 | 2.2 | 0.9 - 5.1 |
| **Total** | **1467** | **19.8** | **14.2 - 26.9** | **2.3** | **1.1 - 5.2** |
| Area |  |  |  |  |  |
| Rural | 439 | 23.8 | 13.8 - 38.0 | 1.3 | 0.4 - 4.2 |
| Urban | 1028 | 16.4 | 12.0 - 22.0 | 3.3 | 1.2 - 8.5 |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 241 | 1.7 | 0.7 - 4.1 | 19.1 | 11.1 - 30.9 | 65.4 | 50.7 - 77.6 |
| 30-44 | 504 | 1.3 | 0.4 - 3.8 | 16.1 | 8.6 - 27.9 | 62.4 | 47.8 - 75.0 |
| 45-59 | 480 | 1.2 | 0.2 - 5.9 | 2.0 | 0.9 - 4.4 | 75.1 | 66.6 - 82.1 |
| 60-69 | 305 | 0.0 | 0.0 - 0.0 | 5.1 | 1.0 - 22.8 | 58.3 | 44.6 - 70.7 |
| **Total** | **1530** | **1.2** | **0.6 - 2.4** | **12.3** | **8.6 - 17.3** | **66.0** | **59.1 - 72.3** |
| Area |  |  |  |  |  |  |  |
| Rural | 453 | 0.3 | 0.1 - 0.7 | 12.3 | 6.7 - 21.7 | 61.9 | 49.7 - 72.6 |
| Urban | 1077 | 2.1 | 1.1 - 4.3 | 12.3 | 8.4 - 17.8 | 69.9 | 63.8 - 75.4 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Female** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 241 | 13.7 | 5.2 - 31.6 | 0.1 | 0.0 - 0.8 |
| 30-44 | 504 | 19.9 | 9.3 - 37.8 | 0.4 | 0.1 - 1.0 |
| 45-59 | 480 | 20.0 | 13.4 - 28.7 | 1.7 | 0.6 - 4.7 |
| 60-69 | 305 | 34.7 | 23.5 - 47.9 | 1.9 | 0.7 - 4.8 |
| **Total** | **1530** | **19.6** | **13.6 - 27.6** | **0.8** | **0.4 - 1.5** |
| Area |  |  |  |  |  |
| Rural | 453 | 24.9 | 14.1 - 40.2 | 0.6 | 0.2 - 2.2 |
| Urban | 1077 | 14.7 | 11.1 - 19.1 | 1.0 | 0.5 - 1.9 |

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| --- | --- | --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % Far too much | 95% CI | % Too much | 95% CI | % Just the right amount | 95% CI |
| 18-29 | 506 | 1.8 | 0.8 - 4.4 | 18.4 | 12.9 - 25.6 | 65.1 | 54.9 - 74.2 |
| 30-44 | 974 | 0.9 | 0.4 - 2.3 | 13.7 | 8.8 - 20.9 | 68.1 | 58.0 - 76.7 |
| 45-59 | 919 | 0.7 | 0.2 - 2.8 | 3.4 | 1.5 - 7.7 | 68.1 | 57.9 - 76.9 |
| 60-69 | 598 | 0.0 | 0.0 - 0.0 | 4.9 | 1.6 - 14.1 | 61.6 | 52.4 - 70.0 |
| **Total** | **2997** | **1.0** | **0.6 - 1.9** | **11.3** | **8.9 - 14.4** | **66.4** | **60.9 - 71.5** |
| Area |  |  |  |  |  |  |  |
| Rural | 892 | 0.2 | 0.1 - 0.4 | 11.6 | 7.5 - 17.3 | 62.9 | 52.6 - 72.2 |
| Urban | 2105 | 1.8 | 1.0 - 3.5 | 11.2 | 8.6 - 14.4 | 69.6 | 65.1 - 73.7 |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Self-reported quantity of salt consumed** | | | | | |
| **Total** | | | | | |
| Age Categories (Years) | n | % Too little | 95% CI | % Far too little | 95% CI |
| 18-29 | 506 | 14.4 | 8.0 - 24.4 | 0.2 | 0.1 - 0.7 |
| 30-44 | 974 | 16.4 | 9.1 - 27.6 | 0.9 | 0.4 - 1.8 |
| 45-59 | 919 | 24.4 | 16.4 - 34.7 | 3.4 | 1.4 - 8.0 |
| 60-69 | 598 | 31.6 | 23.9 - 40.4 | 2.0 | 1.1 - 3.7 |
| **Total** | **2997** | **19.7** | **14.8 - 25.7** | **1.5** | **0.8 - 2.7** |
| Area |  |  |  |  |  |
| Rural | 892 | 24.5 | 15.5 - 36.4 | 0.9 | 0.4 - 2.2 |
| Urban | 2105 | 15.4 | 12.6 - 18.8 | 2.0 | 1.0 - 4.2 |